



Brand Nutritional Data

Values are average and approximate and are based on a standard serving size of 12 oz.

Our products contain no fat or cholesterol

Brand	Brand Style	ABV	Total Calories	Total Fat (grams)	Calories from Fat	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (grams)	Fiber (grams)	Sugars (grams)	Protein (grams)	Ingredients
Aguila	International Pale Lager	3.9	126	0	0	0	0	0	10	13.7	0	2	1.0	Water, Barley Malt, Yeast, Hops, Rice, Sugar
Arnold Palmer Spiked Half & Half	Flavored Malt Beverage	5.0	206	0	0	0	0	0	5	28.3	0	26	< 1.0	
Barmen	German-Style Pilsner	5.0	156	0	0	0	0	0	20	12.9	0	0	1.9	Water, Barley Malt, Yeast, Hops
Blue Moon Belgian White	Belgian-Style Wheat Ale	5.4	168	0	0	0	0	0	10	14.1	0	0	1.9	Water, Barley Malt, Wheat, Yeast, Hop Extract, Oats, Orange Peel, Coriander
Blue Moon Cappuccino Oatmeal Stout	Oatmeal Stout	5.9	196	0	0	0	0	0	10	18.8	0	1	1.8	Water, Barley Malt, Oats, Corn Syrup (Maltose), Cocoa, Hops, Yeast, Decaffeinated Coffee, Sucrose
Blue Moon Cinnamon Horchata Ale	Herb & Spice Beer	5.5	175	0	0	0	0	0	5	16.1	0	2	1.2	Water, Barley Malt, Rice Flakes, Corn Syrup (Maltose), Oats, Dextrin, Hops, Yeast, Cinnamon Extract, Sucrose
Blue Moon Harvest Pumpkin Wheat	Herb & Spice Beer	5.7	180	0	0	0	0	0	10	15.5	0	1	2.0	Water, Barley Malt, Wheat, Yeast, Hops, Sucrose, Pumpkin, Spices
Blue Moon Mango Wheat	Fruit Beer	5.4	175	0	0	0	0	0	10	15.7	0	2	2.1	Water, Barley Malt, Wheat, Mango, Yeast, Hops, Honey, Natural Flavor
Blue Moon Pacific Apricot Wheat	Fruit Beer	5.6	178	0	0	0	0	0	10	16.4	0	1	1.2	Water, Barley Malt, Wheat, Apricot, Yeast, Hops, Cardamom, Hop Extract, Lactic Acid

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Blue Moon Summer Honey Wheat	American Wheat Beer	5.2	153	0	0	0	0	0	10	11.7	0	3	1.4	Water, Barley Malt, Wheat, Corn Syrup (Dextrose), Yeast, Hops, Honey, Orange peel
Colorado Native Amber Lager	American Amber Lager	5.5	171	0	0	0	0	0	20	14.9	0	1	1.3	Water, Barley Malt, Yeast, Hops
Colorado Native Apricot	Fruited Barrel-Aged Sour	5.9	169	0	0	0	0	0	25	12.5	0	4	1.4	
Colorado Native Double IPL	American-Style Imperial India Pale Lager	8.5	245	0	0	0	0	0	30	18.4	0	2	2.7	Water, Barley Malt, Yeast, Hops
Colorado Native Golden Lager	American Amber Lager	5.5	166	0	0	0	0	0	20	13.5	0	1	1.4	Water, Barley Malt, Yeast, Hops
Colorado Native Imperial Porter	Imperial Porter	9.5	280	0	0	0	0	0	25	22.8	0	1	2.5	Water, Barley Malt, Wheat Malt, Hops, Yeast
Colorado Native IPL	American India Pale Lager	6.0	192	0	0	0	0	0	20	17.6	0	1	1.3	Water, Barley Malt, Yeast, Hops
Colorado Native Kriek	Fruited Barrel-Aged Sour	6.6	199	0	0	0	0	0	30	15.6	0	7	2.3	
Colorado Native LoCal	American-Style Light Lager	4.1	99	0	0	0	0	0	15	5.0	0	1	< 1.0	Water, Barley Malt, Wheat Malt, Beet Sugar, Yeast, Hops
Colorado Native Olathe	American Lager	5.0	157	0	0	0	0	0	25	13.4	0	0	1.7	Water, Barley Malt, Yeast, Hops
Colorado Native Peche	Fruited Barrel-Aged Sour	5.8	151	0	0	0	0	0	20	8.8	0	2	1.2	Water, Barley Malt, Wheat, Peaches, Yeast, Hops
Colorado Native Pilsner	American-Style Pilsner	5.1	159	0	0	0	0	0	20	13.4	0	0	1.9	Water, Barley Malt, Yeast, Hops

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Colorado Native Plum	Fruited Barrel-Aged Sour	7.0	197	0	0	0	0	0	30	13.8	0	3	1.5	Water, Barley Malt, Wheat, Plums, Yeast, Hops
Colorado Native Saison	Saison	5.3	140	0	0	0	0	0	20	7.7	0	0	1.6	Water, Barley Malt, Wheat Malt, Raw Wheat, Hops, Yeast
Colorado Native Winterfest	German-Style Bock	6.8	211	0	0	0	0	0	25	17.4	0	1	2.5	Water, Barley Malt, Yeast, Hops
Coors Banquet	American-Style Lager	5.0	147	0	0	0	0	0	15	11.7	0	0	1.0	Water, Barley Malt, Corn Syrup (Dextrose), Yeast, Hop Extract
Coors Light	American-Style Light Lager	4.2	102	0	0	0	0	0	10	5.0	0	1	< 1.0	Water, Barley Malt, Corn Syrup (Dextrose), Yeast, Hop Extract
Coors Non-Alcoholic	Non-Alcoholic Lager	< 0.5	58	0	0	0	0	0	0	12.2	0	8	< 1.0	Water, Barley Malt, Corn Syrup (Dextrose & Maltose), Yeast, Hops & Hop Extract
Crispin Blackberry Pear	Pear Cider	5.0	180	0	0	0	0	0	10	16.0	0	13	0.0	Fresh-Pressed Hard Pear Cider, Filtered Water, Juice Concentrates as Finishing Sweeteners (Pear, Apple, Elderberry, Blackberry), Natural Flavors, Malic Acids, Raspberry Juice Concentrate (Finishing Sweetener), Contains Sulfites
Crispin Browns Lane	English-Style Cider	5.8	170	0	0	0	0	0	10	14.0	0	12	0.0	Hard Apple Cider, Filtered Water, Sucrose, Malic Acid, Sulfites
Crispin Brut	Apple Cider	5.5	170	0	0	0	0	0	5	13.0	0	10	0.0	Fresh-Pressed Hard Apple Cider, Filtered Water, Apple Juice Concentrate (Finishing Sweetener), Natural Flavor, Malic Acid, Contains Sulfites
Crispin Honey Crisp	Apple Cider	6.5	200	0	0	0	0	0	5	16.0	0	14	0.0	Fresh-Pressed Hard Apple Cider, Filtered Water, Organic Honey, Natural Flavor, Malic Acid, Contains Sulfites

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Crispin Original Cider	Apple Cider	5.0	170	0	0	0	0	0	5	15.0	0	13	0.0	Fresh-Pressed Hard Apple Cider, Filtered Water, Apple Juice Concentrate (Finishing Sweetener), Natural Flavor, Malic Acid, Contains Sulfites
Crispin Pacific Pear	Pear Cider	4.5	170	0	0	0	0	0	10	18.0	0	15	0.0	Fresh-Pressed Hard Pear Cider, Filtered Water, Pear and Apple Juice Concentrates (Finishing Sweeteners), Natural Flavor, Malic Acid, Contains Sulfites
Crispin Rose	Hard Cider	5.0	160	0	0	0	0	0	10	13.0	0	10	0.0	Filtered Water, Fresh-Pressed Hard Apple Cider, Fresh-Pressed Hard Pear Cider, Pear Juice Concentrate (Finishing Sweetener), Natural Flavors, Malic Acid, Contains Sulfites
Crispin The Saint	Apple Cider	6.9	230	0	0	0	0	0	10	20.0	0	17	0.0	Fresh-Pressed Hard Apple Cider, Filtered Water, Organic Maple Syrup, Apple Juice Concentrate (Finishing Sweetener), Malic Acid, Contains Sulfites
Cristal	International Pale Lager	4.6	132	0	0	0	0	0	10	10.3	0	0	1.1	Water, Malted Barley, Maize, Yeast, Hops
Cusquena	International Pale Lager	4.8	142	0	0	0	0	0	10	10.3	0	0	1.7	Water, Malted Barley, Yeast, Hops
Extra Gold	American-Style Lager	5.0	149	0	0	0	0	0	10	12.0	0	0	1.1	Water, Barley Malt, Corn Syrup (Maltose), Yeast, Hop Extract
Foster's	International Pale Lager	5.0	146	0	0	0	0	0	20	11.2	0	0	1.1	Water, Barley Malt, Yeast, Corn Syrup (Dextrose & Maltose) , Hops
Foster's Premium Ale	Strong Bitter (ESB)	5.5	161	0	0	0	0	0	20	12.4	0	0	1.3	Water, Barley Malt, Yeast, Corn Syrup (Dextrose & Maltose) , Hops, Hop Extract, Caramel Color

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George Killian's Irish Red	Irish Red Lager	5.4	169	0	0	0	0	0	20	14.6	0	0	1.6	Water, Barley Malt, Corn Syrup (Maltose), Yeast, Hops & Hop Extract
Grolsch Premium Lager	International Pale Lager	5.0	142	0	0	0	0	0	20	8.9	0	0	1.8	Water, Barley Malt, Yeast, Hops
Hamm's	American-Style Lager	4.7	142	0	0	0	0	0	15	12.0	0	0	1.0	Water, Barley Malt, Corn Syrup (Maltose), Yeast, Hops
Hamm's Special Light	American-Style Light Lager	3.8	110	0	0	0	0	0	5	8.3	0	1	< 1.0	Water, Barley Malt, Corn Syrup (Dextrose Maltose), Yeast, Hops & Hop Extract
Henry Weinhard's Blue Boar	American-Style Cream Ale	4.5	147	0	0	0	0	0	10	13.0	0	0	1.2	Water, Barley Malt, Corn Syrup (Maltose), Yeast, Hops
Henry Weinhard's Private Reserve	American Pale Lager	4.7	150	0	0	0	0	0	10	13.0	0	0	1.3	Water, Barley Malt, Corn Syrup (Maltose), Yeast, Hops
Henry's Hard Soda Hard Cherry Cola	Hard Soda	4.2	217	0	0	0	0	0	35	33.8	0	33	< 1.0	Water, Corn Syrup (Dextrose), Barley Malt, Yeast, Hop Extract, Cane Sugar, Phosphoric Acid, Natural Flavors, Caramel Color, Sodium Benzoate & Potassium Sorbate (added for freshness)
Henry's Hard Soda Hard Ginger Ale	Hard Soda	4.2	215	0	0	0	0	0	25	33.5	0	31	< 1.0	Water, Corn Syrup (Dextrose), Barley Malt, Yeast, Hop Extract, Cane Sugar, Citric Acid, Natural Flavors, Sodium Benzoate & Potassium Sorbate (added for freshness)

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Henry's Hard Soda Hard Grape	Hard Soda	4.2	222	0	0	0	0	0	20	35.1	0	33	< 1.0	Water, Corn Syrup (Dextrose), Barley Malt, Yeast, Hop Extract, Cane Sugar, Citric Acid, Malic Acid, Natural Flavor, Certified Colors, Sodium Benzoate & Potassium Sorbate (added for freshness)
Henry's Hard Soda Hard Lemon Lime	Hard Soda	4.2	186	0	0	0	0	0	25	26.2	0	24	< 1.0	Water, Corn Syrup (Dextrose), Barley Malt, Yeast, Hop Extract, Cane Sugar, Citric Acid, Natural Flavors, Certified Colors, Sodium Benzoate & Potassium Sorbate (added for freshness)
Henry's Hard Soda Hard Orange	Hard Soda	4.2	192	0	0	0	0	0	25	27.8	0	24	< 1.0	Water, Corn Syrup (Dextrose), Barley Malt, Yeast, Hop Extract, Cane Sugar, Citric Acid, Malic Acid, Natural Flavor, Certified Colors, Sodium Benzoate & Potassium Sorbate (added for freshness)
Henry's Hard Sparkling Lemon Lime	Spiked Sparkling Water	4.2	88	0	0	0	0	0	55	1.7	0	0	< 1.0	Water, Corn Syrup (Dextrose), Barley Malt, Yeast, Hop Extract, Citric Acid, Sodium Citrate & Natural Flavor
Henry's Hard Sparkling Passion Fruit	Spiked Sparkling Water	4.2	88	0	0	0	0	0	35	1.6	0	0	< 1.0	Water, Corn Syrup (Dextrose), Barley Malt, Yeast, Hop Extract, Citric Acid, Sodium Citrate & Natural Flavors
Henry's Hard Sparkling Strawberry Kiwi	Spiked Sparkling Water	4.2	88	0	0	0	0	0	35	1.6	0	0	< 1.0	Water, Corn Syrup (Dextrose), Barley Malt, Yeast, Hop Extract, Citric Acid, Sodium Citrate & Natural Flavors

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Herman Joseph's Private Reserve	Vienna-Style Lager	5.1	156	0	0	0	0	0	20	12.7	0	0	1.7	Water, Barley Malt, Yeast, Hops
Hop Valley Alpha Centauri IPA	Imperial IPA	9.0	263	0	0	0	0	0	15	17.9	0	2	3.2	Water, Barley Malt, Yeast, Hops
Hop Valley Alphasdelic IPA	IPA	7.2	216	0	0	0	0	0	10	15.5	0	3	2.7	Water, Barley Malt, Yeast, Hops
Hop Valley Blonde Ale	Blonde Ale	5.0	150	0	0	0	0	0	5	10.3	0	0	1.8	Water, Barley Malt, Yeast, Hops
Hop Valley Bubble Stash	India Pale Ale	6.2	192	0	0	0	0	0	5	15.6	TBD	0	1.9	
Hop Valley Citrus Mistress	American-Style IPA	6.5	188	0	0	0	0	0	10	14.0	0	0	2.2	Water, Barley Malt, Yeast, Hops
Hop Valley Divine Shine	Hybrid Ale	4.5	138	0	0	0	0	0	5	11.3	0	0	1.6	
Hop Valley Hefe	American Hefeweizen	5.5	167	0	0	0	0	0	5	11.9	0	0	1.8	Water, Barley Malt, Wheat, Yeast, Hops
Hop Valley Light Me Up Lager		4.0	128	0	0	0	0	0	5	11.0	0	0	1.8	Water, Barley Malt, Rice, Yeast, Hops
Hop Valley Red Ale	American Red Ale	6.0	186	0	0	0	0	0	10	13.6	0	0	2.6	Water, Barley Malt, Yeast, Hops
Hop Valley Secret Chief American Stout		6.0	212	0	0	0	0	0	15	20.2	0	0	2.7	Water, Barley Malt, Oats, Yeast, Hops
Hop Valley Solid Baby		7.4	215	0	0	0	0	0	10	15.4	0	1	2.6	Water, Barley Malt, Oats, Rice, Wheat, Yeast, Hops
Hop Valley VIP		5.9	178	0	0	0	0	0	5	15.1	0	0	2.1	Water, Barley Malt, Yeast, Hops, Vanilla Beans, Vanilla Extract
Icehouse	American-Style Ice Lager	5.5	153	0	0	0	0	0	10	10.6	0	0	1.0	Water, Barley Malt, Corn Syrup (Dextrose and Maltose), Yeast, Hop Extract

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Icehouse Edge	American-Style Ice Lager	8.0	215	0	0	0	0	0	5	13.8	0	1	1.5	Water, Barley Malt, Corn Syrup (Dextrose and Maltose), Yeast, Hop Extract
Jake's City Brew	American Pale Ale	5.3	168	0	0	0	0	0	7	14.9	0	0	1.7	Water, Barley Malt, Corn Syrup (Maltose), Hops, Yeast
Keystone Ice	American-Style Ice Lager	5.9	145	0	0	0	0	0	10	6.9	0	2	1.0	Water, Barley Malt, Corn Syrup (Dextrose), Yeast, Hop Extract
Keystone Light	American-Style Light Lager	4.1	101	0	0	0	0	0	5	4.7	0	1	< 1.0	Water, Barley Malt, Corn Syrup (Dextrose), Yeast, Hop Extract
Keystone Premium	American-Style Lager	4.4	108	0	0	0	0	0	10	5.0	0	2	< 1.0	Water, Barley Malt, Corn Syrup (Dextrose), Yeast, Hop Extract
Keystone V9	American-Style Ice Lager	5.9	145	0	0	0	0	0	10	6.9	0	1	1.0	Water, Barley Malt, Corn Syrup (Dextrose), Yeast, Hop Extract
Lech	International Pale Lager	4.9	142	0	0	0	0	0	10	9.6	0	0	1.4	Water, Barley Malt, Yeast, Hops & Hop Extract
Leinenkugel's Berry Weiss	Fruit Wheat	4.7	202	0	0	0	0	0	10	26.8	0	15	1.2	Water, Barley Malt, Wheat, Yeast, Corn Syrup (Maltose), Hops, Blackberry Juice, Sucrose, Honey, Natural Flavors, Citric Acid
Leinenkugel's Canoe Paddler	Kolsch Style	5.0	152	0	0	0	0	0	15	12.4	0	0	1.5	Water, Barley Malt, Rye, Corn Syrup (Maltose), Yeast, Hops

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Leinenkugel's Cherry Blonde Lager	Fruit Blonde Lager	5.2	158	0	0	0	0	0	15	13.2	0	2	1.1	Water, Barley Malt, Oats, Corn Syrup (Maltose), Hops, Cherry Juice Concentrate, White Cranberry Juice Concentrate, Yeast, Natural Flavor
Leinenkugel's Creamy Dark	American Dark Lager	4.9	170	0	0	0	0	0	20	17.6	0	0	1.4	Water, Barley Malt, Corn, Corn Syrup (Maltose), Oats, Wheat, Yeast, Hops
Leinenkugel's Grapefruit Shandy	Shandy	4.2	149	0	0	0	0	0	10	15.8	0	5	1.2	Water, Barley Malt, Wheat, Corn Syrup (Maltose), Yeast, Sucrose, Hops, Honey, Citric Acid, Natural Flavor
Leinenkugel's Harvest Patch Shandy	Shandy	4.2	144	0	0	0	0	0	10	14.6	0	4	1.2	Water, Barley Malt, Wheat, Corn Syrup (Maltose), Yeast, Sucrose, Hops, Honey, Natural Flavors
Leinenkugel's Honey Weiss	American Wheat	4.9	149	0	0	0	0	0	10	12.2	0	0	1.4	Water, Barley Malt, Wheat, Corn Syrup (Maltose), Yeast, Hops, Honey
Leinenkugel's Lemon Berry Shandy	Shandy	4.2	159	0	0	0	0	0	10	18.2	0	7	1.3	Water, Barley Malt, Wheat, Yeast, Corn Syrup (Maltose), Hops, Blackberry Juice, Sucrose, Honey, Natural Flavors, Citric Acid
Leinenkugel's Light	American-Style Light Lager	4.2	111	0	0	0	0	0	15	6.3	0	2	1.1	Water, Barley Malt, Corn Syrup (Dextrose), Wheat, Yeast, Hops
Leinenkugel's Northwoods Lager	American Lager	4.9	162	0	0	0	0	0	10	15.4	0	0	1.5	Water, Barley Malt, Corn, Corn Syrup (Maltose), Hops, Yeast
Leinenkugel's Oktoberfest	Oktoberfest Lager	5.1	175	0	0	0	0	0	15	17.8	0	0	1.3	Water, Barley Malt, Corn, Corn Syrup (Maltose), Oats, Yeast, Hops

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Leinenkugel's Orange Shandy	Shandy	4.2	137	0	0	0	0	0	10	12.8	0	2	1.1	Water, Barley Malt, Wheat, Corn Syrup (Maltose), Yeast, Sucrose, Hops, Caramel Color, Honey, Citric Acid, Natural Flavor
Leinenkugel's Original	American Lager	4.7	154	0	0	0	0	0	15	14.9	0	0	1.1	Water, Barley Malt, Corn, Corn Syrup (Maltose), Yeast, Hops
Leinenkugel's Pomegranate Shandy	Shandy	4.2	160	0	0	0	0	0	10	18.4	0	8	1.5	Water, Barley Malt, Wheat, Corn Syrup (Maltose), Yeast, Sucrose, Hops, Honey, Citric Acid, Natural Flavors
Leinenkugel's Snowdrift Vanilla Porter	Porter	6.0	211	0	0	0	0	0	15	21.9	0	0	1.9	Water, Barley Malt, Corn Syrup (Maltose), Barley, Yeast, Hops, Vanilla
Leinenkugel's Special Ale	American Pale Ale	5.3	169	0	0	0	0	0	10	15.1	0	0	1.7	Water, Barley Malt, Corn Syrup (Maltose), Hops, Yeast
Leinenkugel's Summer Shandy	Shandy	4.2	136	0	0	0	0	0	10	12.5	0	2	1.3	Water, Barley Malt, Wheat, Corn Syrup (Maltose), Yeast, Sucrose, Hops, Honey, Citric Acid, Natural Flavor
Leinenkugel's Sunset Wheat	Spice Wheat	4.9	165	0	0	0	0	0	10	16.1	0	2	1.5	Water, Barley Malt, Wheat, Corn Syrup (Maltose), Yeast, Hops, Honey, Natural Flavors
Leinenkugel's Watermelon Shandy	Shandy	4.2	142	0	0	0	0	0	10	13.9	0	4	1.3	Water, Barley Malt, Wheat, Corn Syrup (Maltose), Yeast, Sucrose, Hops, Honey, Citric Acid, Natural Flavors
Leinenkugel's Wisconsin Red Pale Ale	Red Pale Ale	5.6	179	0	0	0	0	0	10	16.1	0	0	1.8	Water, Barley Malt, Barley, Oats, Hops, Yeast

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Magnum	American-Style Malt Liquor	5.6	157	0	0	0	0	0	10	11.1	0	0	1.1	Water, Barley Malt, Corn Syrup (Dextrose, Maltose), Yeast, Hop Extract
Mickey's	American-Style Malt Liquor	5.6	157	0	0	0	0	0	10	11.1	0	0	1.1	Water, Barley Malt, Corn Syrup (Dextrose, Maltose), Yeast, Hop Extract
Mickey's Ice	American-Style Ice Lager	5.8	157	0	0	0	0	0	10	11.8	0	0	1.2	Water, Barley Malt, Corn Syrup (Dextrose, Maltose), Yeast, Hop Extract
Miller Genuine Draft	American-Style Lager	4.6	140	0	0	0	0	0	10	12.2	0	0	< 1.0	Water, Barley Malt, Corn Syrup (Maltose), Yeast, Hop Extract, Hops
Miller High Life	American-Style Lager	4.6	141	0	0	0	0	0	10	12.2	0	0	< 1.0	Water, Barley Malt, Corn Syrup (Maltose), Yeast, Hop Extract
Miller High Life Light	American-Style Light Lager	4.1	107	0	0	0	0	0	10	6.2	0	0	< 1.0	Water, Barley Malt, Corn Syrup (Dextrose), Yeast, Hop Extract
Miller Lite	American-Style Light Lager	4.2	96	0	0	0	0	0	5	3.2	0	0	< 1.0	Water, Barley Malt, Corn Syrup (Dextrose), Yeast, Hops and Hop Extract
Miller64	American-Style Light Lager	2.8	64	0	0	0	0	0	5	2.4	0	0	< 1.0	Water, Barley Malt, Corn Syrup (Dextrose), Yeast, Hop Extract
Milwaukee's Best	American-Style Lager	4.8	142	0	0	0	0	0	5	11.5	0	0	< 1.0	Water, Barley Malt, Corn Syrup (Maltose), Yeast, Hops
Milwaukee's Best Ice	American-Style Ice Lager	5.9	148	0	0	0	0	0	8	7.6	0	0	1.0	Water, Barley Malt, Corn Syrup (Dextrose), Yeast, Hops, Hop Extract

Brand	Brand Style	ABV	Total Calories	Total Fat (grams)	Calories from Fat	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (grams)	Fiber (grams)	Sugars (grams)	Protein (grams)	Ingredients
Milwaukee's Best Light	American-Style Light Lager	4.1	96	0	0	0	0	0	5	3.5	0	0	< 1.0	Water, Barley Malt, Corn Syrup (Dextrose), Yeast, Hop Extract
Molson Canadian	North American-Style Lager	5.0	143	0	0	0	0	0	5	10.3	0	0	1.0	Water, Barley Malt, Yeast, Corn Syrup (Maltose), Hops
Molson Canadian Light	North American-Style Light Lager	3.9	120	0	0	0	0	0	5	9.6	0	0	1.0	Water, Barley Malt, Yeast, Corn Syrup (Maltose), Hops
Molson Golden	North American-Style Lager	5.0	150	0	0	0	0	0	10	12.3	0	0	1.0	Water, Barley Malt, Yeast, Corn Syrup (Maltose), Hop Extract
Molson Ice	North American-Style Lager	5.6	169	0	0	0	0	0	10	13.9	0	0	1.2	Water, Barley Malt, Yeast, Corn Syrup (Maltose), Hop Extract
Molson XXX	North American-Style Specialty Lager	7.3	212	0	0	0	0	0	10	16.4	0	0	1.4	Water, Barley Malt, Yeast, Corn Syrup (Maltose), Hop Extract
Old Vienna	North American-Style Lager	5.0	150	0	0	0	0	0	10	12.3	0	0	1.1	
Olde English 800	American-Style Malt Liquor	5.9	161	0	0	0	0	0	5	10.8	0	0	1.1	Water, Barley Malt, Corn Syrup (Dextrose and Maltose), Yeast, Hop Extract
Olde English 800 7.5%	American-Style Malt Liquor	7.5	205	0	0	0	0	0	20	13.7	0	0	1.4	Water, Barley Malt, Corn Syrup (Dextrose and Maltose), Yeast, Hop Extract

Brand	Brand Style	ABV	Total Calories	Total Fat (grams)	Calories from Fat	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (grams)	Fiber (grams)	Sugars (grams)	Protein (grams)	Ingredients
Olde English High Gravity 800	American-Style Malt Liquor	8.0	219	0	0	0	0	0	20	14.7	0	1	1.5	Water, Barley Malt, Corn Syrup (Dextrose, Maltose), Yeast, Hop Extract
Peroni Nastro Azzurro	International Pale Lager	5.1	149	0	0	0	0	0	5	11.4	0	0	1.4	Water, Barley Malt, Corn Syrup (Dextrose), Yeast, Hop Extract
Pilsner Urquell	Bohemian Pilsner	4.4	149	0	0	0	0	0	10	18.1	0	0	1.8	Water, Barley Malt, Yeast, Hop Products
Red Dog	American-Style Lager	4.8	147	0	0	0	0	0	0	11.5	0	0	1.2	Water, Barley Malt, Corn Syrup (Dextrose, Maltose), Yeast, Hops
Redd's Apple Ale	Apple Ale	5.0	165	0	0	0	0	0	25	17.1	0	12	< 1.0	Water, Corn Syrup (Dextrose), Barley Malt, Yeast, Hop Extract, Sucrose, Citric Acid, Natural Flavor, Caramel Color, Sodium Benzoate & Potassium Sorbate (added for freshness)
Redd's Black Cherry	Apple Ale	5.0	165	0	0	0	0	0	40	17.1	0	14	< 1.0	Water, Corn Syrup (Dextrose), Barley Malt, Yeast, Hop Extract, Sucrose, Citric Acid, Malic Acid, Natural Flavors, Caramel Color, Sodium Benzoate & Potassium Sorbate (added for freshness)
Redd's Blueberry Ale	Apple Ale	5.0	166	0	0	0	0	0	20	17.3	0	14	< 1.0	Water, Corn Syrup (Dextrose), Barley Malt, Yeast, Hop Extract, Sucrose, Citric Acid, Malic Acid, Natural Flavor, Caramel Color, Sodium Benzoate & Potassium Sorbate (added for freshness)

Brand	Brand Style	ABV	Total Calories	Total Fat (grams)	Calories from Fat	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (grams)	Fiber (grams)	Sugars (grams)	Protein (grams)	Ingredients
Redd's Peach Ale	Apple Ale	5.0	165	0	0	0	0	0	30	17.1	0	15	< 1.0	Water, Corn Syrup (Dextrose), Barley Malt, Yeast, Hop Extract, Sucrose, Citric Acid, Natural Flavors, Caramel Color, Sodium Benzoate & Potassium Sorbate (added for freshness)
Redd's Strawberry Ale	Apple Ale	5.0	165	0	0	0	0	0	20	17.1	0	13	< 1.0	Water, Corn Syrup (Dextrose), Barley Malt, Yeast, Hop Extract, Sucrose, Citric Acid, Natural Flavors, Caramel Color, Sodium Benzoate & Potassium Sorbate (added for freshness)
Redd's Wicked Apple	Apple Ale	8.0	274	0	0	0	0	0	30	29.7	0	26	< 1.0	Water, Corn Syrup (Dextrose), Barley Malt, Yeast, Hop Extract, Sucrose, Citric Acid, Malic Acid, Natural Flavor, Caramel Color, Sodium Benzoate & Potassium Sorbate (added for freshness)
Redd's Wicked Black Cherry	Apple Ale	8.0	273	0	0	0	0	0	25	29.5	0	25	< 1.0	Water, Corn Syrup (Dextrose), Barley Malt, Yeast, Hop Extract, Sucrose, Citric Acid, Malic Acid, Natural Flavors, Caramel Color, Sodium Benzoate & Potassium Sorbate (added for freshness)
Redd's Wicked Strawberry Kiwi	Apple Ale	8.0	273	0	0	0	0	0	45	29.6	0	27	< 1.0	Water, Corn Syrup (Dextrose), Barley Malt, Yeast, Hop Extract, Sucrose, Citric Acid, Malic Acid, Natural Flavors, Caramel Color, Sodium Benzoate & Potassium Sorbate (added for freshness)
Redd's Wicked Watermelon	Apple Ale	8.0	274	0	0	0	0	0	25	29.6	0	26	< 1.0	

Brand	Brand Style	ABV	Total Calories	Total Fat (grams)	Calories from Fat	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (grams)	Fiber (grams)	Sugars (grams)	Protein (grams)	Ingredients
Revolver Blood & Honey Ale	American Ale	7.0	212	0	0	0	0	0	90	17.6	0	0	2.1	Water, Barley Malt, Wheat, Orange Peel, Spices, Honey, Yeast, Hops
Revolver Sidewinder Ale	Southwest Pale Ale	6.0	198	0	0	0	0	0	115	18.5	0	0	1.8	Water, Barley Malt, Cumin, Lime Peel, Agave, Lemon Peel, Yeast, Hops
Saint Archer Blackberry Gose	Tart Wheat Ale	4.0	134	0	0	0	0	0	90	12.3	0	0	1.5	Malt, Wheat, Lactobacillus, Blackberry Puree, Blackberry Juice Concentrate, Coriander, Salt, Yeast, Hops
Saint Archer Blonde Ale	German-Style Kolsch Ale	4.8	149	0	0	0	0	0	15	12.6	0	0	1.4	Water, Barley Malt, Wheat, Yeast, Hops
Saint Archer Citra 7 IPA	American-Style IPA	7.0	202	0	0	0	0	0	50	14.5	0	0	2.2	Water, Barley Malt, Wheat, Yeast, Hops
Saint Archer Double IPA	American-Style Imperial IPA	8.3	233	0	0	0	0	0	30	15.3	0	0	1.9	Water, Barley Malt, Yeast, Hops
Saint Archer English Brown Ale	English-Style Mild Ale	4.2	142	0	0	0	0	0	15	14.2	0	0	1.1	Water, Barley Malt, Wheat, Yeast, Hops
Saint Archer English Brown Ale Nitro	English-Style Mild Ale	4.2	142	0	0	0	0	0	15	14.2	0	0	1.1	Water, Barley Malt, Wheat, Yeast, Hops
Saint Archer Gose	German-Style Gose	4.0	133	0	0	0	0	0	95	11.7	0	0	1.8	Water, Barley Malt, Wheat, Lactobacillus, Coriander, Salt, Yeast, Hops
Saint Archer Hoppy Pilsner	Czech-Style Pilsner	5.1	163	0	0	0	0	0	25	14.7	0	0	1.3	Water, Barley Malt, Yeast, Hops
Saint Archer Imperial IPA	American-Style Imperial IPA	9.0	249	0	0	0	0	0	25	15.2	0	0	2.8	
Saint Archer IPA	American-Style IPA	7.0	206	0	0	0	0	0	15	14.7	0	2	2.4	Water, Barley Malt, Yeast, Hops
Saint Archer Mosaic IPA	American-Style Imperial IPA	9.0	251	0	0	0	0	0	20	16.2	0	0	2.5	Water, Barley Malt, Wheat, Yeast, Hops

Brand	Brand Style	ABV	Total Calories	Total Fat (grams)	Calories from Fat	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (grams)	Fiber (grams)	Sugars (grams)	Protein (grams)	Ingredients
Saint Archer Pale Ale	American Pale Ale	5.5	170	0	0	0	0	0	20	13.7	0	0	1.5	Water, Barley Malt, Yeast, Hops
Saint Archer Peach Gose	German-Style Gose	4.0	127	0	0	0	0	0	75	11.5	0	0	1.5	Water, Barley Malt, Wheat, Lactobacillus, Peach Puree, Coriander, Salt, Yeast, Hops
Saint Archer Scottish Ale	Scottish Export	7.0	223	0	0	0	0	0	10	20.2	0	0	1.9	Water, Barley Malt, Yeast, Hops
Saint Archer Scottish Ale Nitro	Scottish Export	7.0	223	0	0	0	0	0	10	20.2	0	0	1.9	Water, Barley Malt, Yeast, Hops
Saint Archer White Ale	Belgian-Style Witbier	5.0	155	0	0	0	0	0	15	13.2	0	0	1.4	Water, Barley Malt, Yeast, Hops
Sharp's	Non-Alcoholic Lager	< 0.5	58	0	0	0	0	0	0	12.1	0	8	< 1.0	Water, Barley Malt, Corn Syrup (Dextrose, Maltose), Yeast, Hops, Hop Extract
Sheaf Stout	Foreign Extra (Export) Stout	5.7	190	0	0	0	0	0	80	18.7	0	0	1.1	Water, Barley Malt, Sucrose Syrup, Yeast, Hops, Hop Extract
Smith & Forge Hard Cider	Hard Apple Cider	6.0	220	0	0	0	0	0	10	23.0	0	18	0.0	Hard Apple Cider, Apple Juice Concentrate, Natural Flavor, Malic Acid, Contains Sulfites
Sol	Mexican Lager	4.5	138	0	0	0	0	0	20	11.6	0	0	< 1.0	Water, Malted Barley, Maltose Syrup, Yeast, Hops
Sparks	Flavored Malt Beverage	6.0	252	0	0	0	0	0	30	33.9	0	30	< 1.0	Water, Corn Syrup (Dextrose), Barley Malt, Yeast, Hop Extract, Sucrose, Citric Acid, Natural Flavor, Certified Color, FD&C Yellow Number 5, Sodium Benzoate & Potassium Sorbate (added for freshness)

Brand	Brand Style	ABV	Total Calories	Total Fat (grams)	Calories from Fat	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (grams)	Fiber (grams)	Sugars (grams)	Protein (grams)	Ingredients
Sparks Blackberry	Flavored Malt Beverage	8.0	287	0	0	0	0	0	30	32.9	0	27	< 1.0	Water, Corn Syrup (Dextrose), Barley Malt, Yeast, Hop Extract, Sucrose, Citric Acid, Natural & Artificial Flavors, Certified Colors, Sodium Citrate, Sodium Benzoate & Potassium Sorbate (added for freshness)
Steel Reserve BLK Berry	Flavored Malt Beverage	8.0	287	0	0	0	0	0	40	32.9	0	28	< 1.0	Water, Corn Syrup (Dextrose), Barley Malt, Yeast, Hop Extract, Sucrose, Citric Acid, Natural & Artificial Flavors, Certified Colors, Sodium Citrate, Sodium Benzoate & Potassium Sorbate
Steel Reserve Hard Pineapple	Flavored Malt Beverage	8.0	286	0	0	0	0	0	55	32.7	0	28	< 1.0	Water, Corn Syrup (Dextrose), Barley Malt, Yeast, Hop Extract, Sucrose, Citric Acid, Malic Acid, Sodium Citrate, Natural Flavors, FD&C Yellow# 5, Sodium Benzoate & Potassium Sorbate (added for freshness)
Steel Reserve High Gravity	American-Style Specialty Lager	8.1	222	0	0	0	0	0	15	14.9	0	1	1.5	Water, Barley Malt, Corn Syrup (Dextrose, Maltose), Yeast, Hop Extract
Steel Reserve High Gravity 6.0	American-Style Specialty Lager	6.0	164	0	0	0	0	0	10	10.9	0	1	1.1	Water, Barley Malt, Corn Syrup (Dextrose, Maltose), Yeast, Hop Extract
Steel Reserve Spiked Blue Razz	Flavored Malt Beverage	8.0	287	0	0	0	0	0	35	33.0	0	30	< 1.0	Water, Corn Syrup (Dextrose), Barley Malt, Yeast, Hop Extract, Sucrose, Citric Acid, Sodium Citrate, Natural & Artificial Flavors, Certified Color, Sodium Benzoate & Potassium Sorbate (added for freshness)

Brand	Brand Style	ABV	Total Calories	Total Fat (grams)	Calories from Fat	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (grams)	Fiber (grams)	Sugars (grams)	Protein (grams)	Ingredients
Steel Reserve Spiked Punch	Flavored Malt Beverage	8.0	285	0	0	0	0	0	40	32.5	0	27	< 1.0	Water, Corn Syrup (Dextrose), Barley Malt, Yeast, Hop Extract, Sucrose, Citric Acid, Sodium Citrate, Artificial Flavors, Certified Colors, Sodium Benzoate & Potassium Sorbate (added for freshness)
Steel Reserve Spiked Watermelon	Flavored Malt Beverage	8.0	285	0	0	0	0	0	100	32.5	0	29	< 1.0	Water, Corn Syrup (Dextrose), Barley Malt, Yeast, Hop Extract, Sucrose, Citric Acid, Malic Acid, Sodium Citrate, Artificial Flavor, Certified Colors, Sodium Benzoate & Potassium Sorbate (added for freshness)
Steel Reserve Triple Export 8.1%	American-Style Specialty Lager	8.1	222	0	0	0	0	0	15	14.9	0	1	1.5	Water, Barley Malt, Corn Syrup (Dextrose), Yeast, Hop Extract
Terrapin Beyond the Galaxy IPA	IPA	6.3	205	0	0	0	0	0	5	17.4	0	3	1.9	
Terrapin Chopsecutioner	IPA	5.0	157	0	0	0	0	0	10	12.4	0	0	1.4	
Terrapin Golden Ale	Blonde Ale	5.3	152	0	0	0	0	0	10	10.9	0	0	1.7	Water, Barley Malt, Wheat, Yeast, Hops
Terrapin Good To Gose	Gose	4.5	139	0	0	0	0	0	95	11.3	TBD	0	1.7	
Terrapin HI-5 IPA	California Style IPA	5.9	189	0	0	0	0	0	10	16.0	0	1	1.8	Water, Barley Malt, Yeast, Hops
Terrapin Hopsecutioner	IPA	7.3	211	0	0	0	0	0	15	15.4	0	0	2.1	Water, Barley Malt, Yeast, Hops
Terrapin Luau Krunkles		6.5	200	0	0	0	0	0	15	14.9	0	2	2.4	

Brand	Brand Style	ABV	Total Calories	Total Fat (grams)	Calories from Fat	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (grams)	Fiber (grams)	Sugars (grams)	Protein (grams)	Ingredients
Terrapin Moo-Hoo Chocolate Milk Stout	Chocolate Milk Stout	6.1	225	0	0	0	0	0	15	25.3	2	9	2.1	Water, Barley Malt, Oats, Cocoa Nibs, Lactose, Vanilla Extract, Chocolate Extract, Yeast, Hops
Terrapin Mosaic	Red Rye IPA	6.2	194	0	0	0	0	0	10	15.2	0	2	2.4	Water, Barley Malt, Rye, Yeast, Hops
Terrapin Recreation Ale	Session IPA	4.7	149	0	0	0	0	0	5	12.7	0	0	1.4	Water, Barley Malt, Yeast, Hops
Terrapin Rye Pale Ale	American Pale Ale	5.5	176	0	0	0	0	0	10	13.9	0	2	2.1	Water, Barley Malt, Rye, Yeast, Hops
Terrapin Smoke On The Porter	Smoked Baltic Porter	8.5	278	0	0	0	0	0	15	25.7	2	0	2.7	Water, Barley Malt, Wheat, Oak Spirals, Yeast, Hops
Terrapin So Fresh So Green Fresh Hop IPA	IPA	6.6	205	0	0	0	0	0	10	16.2	0	1	2.3	Water, Barley Malt, Yeast, Hops
Terrapin Sound Czech Pils	Czech Pilsner	5.2	151	0	0	0	0	0	10	10.3	0	0	1.5	Water, Barley Malt, Yeast, Hops
Terrapin T-Time	Tea & Lemon Berliner Weisse	4.0	123	0	0	0	0	0	5	8.9	TBD	0	1.7	
Terrapin Watermelon Gose		4.5	141	0	0	0	0	0	115	10.5	0	1	2.0	
Terrapin Wake-N-Bake Coffee Oatmeal Imperial Stout	Coffee Oatmeal Imperial Stout	9.4	302	0	0	0	0	0	10	26.3	3	0	2.6	Water, Barley, Oats, Dextrose, Coffee, Yeast, Hops
Tusk & Grain Barrel Aged Blend	Stout	12.5	353	0	0	0	0	0	20	26.6	0	0	2.6	

Brand	Brand Style	ABV	Total Calories	Total Fat (grams)	Calories from Fat	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (grams)	Fiber (grams)	Sugars (grams)	Protein (grams)	Ingredients
Two Hats Lime	American-Style Flavored Light Lager	4.2	112	0	0	0	0	0	5	7.3	0	0	< 1.0	
Two Hats Pineapple	American-Style Flavored Light Lager	4.2	112	0	0	0	0	0	5	7.3	0	0	<1.0	
Tyskie	International Pale Lager	5.0	153	0	0	0	0	0	10	11.4	0	0	2.1	Water, Barley Malt, Yeast, Hops & Hop Extract
Zima	Flavored Malt Beverage	5.0	181	0	0	0	0	0	35	21.1	0	20	< 1.0	Water, Corn Syrup (Dextrose), Barley Malt, Yeast, Hop Extract, Sucrose, Citric Acid, Natural Flavor, Sodium Benzoate & Potassium Sorbate, (added for freshness)
Zumbida Mango	Alcoholic Aguas Frescas	4.2	150	0	0	0	0	0	5	17.0	0	15	< 1.0	Water, Corn Syrup (Dextrose), Barley Malt, Yeast, Hop Extract, Sucrose, Apple Juice Concentrate, Citric Acid, Malic Acid, Natural Flavors, Artificial Color



Lower Alcohol Product Brand Nutritional Data

Values are average and approximate and are based on a standard serving size of 12 oz.

Our products contain no fat or cholesterol

Brand	Brand Style	ABV	Total Calories	Total Fat (grams)	Calories from Fat	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (grams)	Fiber (grams)	Sugars (grams)	Protein (grams)	Ingredients
Blue Moon Belgian White 3.2%	Belgian-Style Wheat Ale	3.9	123	0	0	0	0	0	15	9.9	0	0	1.9	Water, Barley Malt, Wheat, Yeast, Hop Extract, Oats, Orange Peel, Coriander
Blue Moon Cappuccino Oatmeal Stout 3.2%	Oatmeal Stout	3.9	129	0	0	0	0	0	10	12.3	0	0	1.2	Water, Barley Malt, Oats, Corn Syrup (Maltose), Cocoa, Hops, Yeast, Decaffeinated Coffee, Sucrose
Blue Moon Harvest Pumpkin Wheat 3.2%	Herb & Spice Beer	3.9	123	0	0	0	0	0	10	10.6	0	0	1.4	Water, Barley Malt, Wheat, Yeast, Hops, Sucrose, Pumpkin, Spices
Blue Moon Pacific Apricot Wheat 3.2%	Fruit Beer	3.9	125	0	0	0	0	0	5	11.4	0	0	< 1.0	Water, Barley Malt, Wheat, Apricot, Yeast, Hops, Cardamom, Hop Extract, Lactic Acid
Blue Moon Summer Honey Wheat 3.2%	American Wheat Beer	3.9	114	0	0	0	0	0	10	8.4	0	2	1.4	Water, Barley Malt, Wheat, Corn Syrup (Dextrose), Yeast, Hops, Honey, Orange peel
Colorado Native Amber Lager 3.2%	American Amber Lager	3.8	122	0	0	0	0	0	20	11.0	0	0	1.2	Water, Barley Malt, Yeast, Hops
Colorado Native Golden Lager 3.2%	American Amber Lager	4.0	128	0	0	0	0	0	25	11.7	0	0	1.4	Water, Barley Malt, Yeast, Hops
Coors Banquet 3.2%	American-Style Lager	3.9	115	0	0	0	0	0	15	8.9	0	0	1.0	Water, Barley Malt, Corn Syrup (Dextrose), Yeast, Hop Extract

Brand	Brand Style	ABV	Total Calories	Total Fat (grams)	Calories from Fat	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (grams)	Fiber (grams)	Sugars (grams)	Protein (grams)	Ingredients
Coors Light 3.2%	American-Style Light Lager	3.9	96	0	0	0	0	0	10	4.4	0	1	< 1.0	Water, Barley Malt, Corn Syrup (Dextrose), Yeast, Hop Extract
Foster's 3.2%	International Pale Lager	3.8	111	0	0	0	0	0	15	8.2	0	0	1.1	Water, Barley Malt, Yeast, Corn Syrup (Dextrose & Maltose) , Hops
Hamm's 3.2%	American-Style Lager	3.8	116	0	0	0	0	0	10	9.7	0	0	< 1.0	Water, Barley Malt, Corn Syrup (Maltose), Yeast, Hops
Henry's Hard Soda Hard Cherry Cola 3.2%	Hard Soda	3.8	208	0	0	0	0	0	30	33.5	0	33	< 1.0	Water, Corn Syrup (Dextrose), Barley Malt, Yeast, Hop Extract, Cane Sugar, Phosphoric Acid, Natural Flavors, Caramel Color, Sodium Benzoate & Potassium Sorbate (added for freshness)
Henry's Hard Soda Hard Ginger Ale 3.2%	Hard Soda	3.8	207	0	0	0	0	0	25	33.3	0	32	< 1.0	Water, Corn Syrup (Dextrose), Barley Malt, Yeast, Hop Extract, Cane Sugar, Citric Acid, Natural Flavors, Sodium Benzoate & Potassium Sorbate (added for freshness)
Henry's Hard Soda Hard Grape 3.2%	Hard Soda	3.8	214	0	0	0	0	0	15	35.0	0	22	< 1.0	Water, Corn Syrup (Dextrose), Barley Malt, Yeast, Hop Extract, Cane Sugar, Citric Acid, Malic Acid, Natural Flavor, Certified Colors, Sodium Benzoate & Potassium Sorbate (added for freshness)
Henry's Hard Soda Hard Orange 3.2%	Hard Soda	3.8	181	0	0	0	0	0	25	26.8	0	25	< 1.0	Water, Corn Syrup (Dextrose), Barley Malt, Yeast, Hop Extract, Cane Sugar, Citric Acid, Malic Acid, Natural Flavor, Certified Colors, Sodium Benzoate & Potassium Sorbate (added for freshness)

Brand	Brand Style	ABV	Total Calories	Total Fat (grams)	Calories from Fat	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (grams)	Fiber (grams)	Sugars (grams)	Protein (grams)	Ingredients
Henry's Hard Sparkling Lemon Lime 3.2%	Spiked Sparkling Water	3.8	84	0	0	0	0	0	80	2.7	0	0	< 1.0	Water, Corn Syrup (Dextrose), Barley Malt, Yeast, Hop Extract, Citric Acid, Sodium Citrate & Natural Flavor
Keystone Light 3.2%	American-Style Light Lager	3.9	96	0	0	0	0	0	5	4.5	0	1	< 1.0	Water, Barley Malt, Corn Syrup (Dextrose), Yeast, Hop Extract
Leinenkugel's Grapefruit Shandy 3.2%	Shandy	3.9	140	0	0	0	0	0	10	12.8	0	5	1.1	Water, Barley Malt, Wheat, Corn Syrup (Maltose), Yeast, Sucrose, Hops, Honey, Citric Acid, Natural Flavor
Leinenkugel's Harvest Patch Shandy 3.2%	Shandy	3.9	135	0	0	0	0	0	10	11.6	0	4	1.1	Water, Barley Malt, Wheat, Corn Syrup (Maltose), Yeast, Sucrose, Hops, Honey, Natural Flavors
Leinenkugel's Pomegranate Shandy 3.2%	Shandy	3.9	151	0	0	0	0	0	5	17.9	0	8	1.2	Water, Barley Malt, Wheat, Corn Syrup (Maltose), Yeast, Sucrose, Hops, Honey, Citric Acid, Natural Flavors
Leinenkugel's Summer Shandy 3.2%	Shandy	3.9	127	0	0	0	0	0	10	11.7	0	2	1.2	Water, Barley Malt, Wheat, Corn Syrup (Maltose), Yeast, Sucrose, Hops, Honey, Citric Acid, Natural Flavor
Miller Genuine Draft 3.2%	American-Style Lager	3.8	115	0	0	0	0	0	10	9.8	0	0	< 1.0	Water, Barley Malt, Corn Syrup (Maltose), Yeast, Hop Extract, Hops
Miller High Life 3.2%	American-Style Lager	3.7	113	0	0	0	0	0	10	9.6	0	0	< 1.0	Water, Barley Malt, Corn Syrup (Maltose), Yeast, Hop Extract
Miller Lite 3.2%	American-Style Light Lager	3.8	87	0	0	0	0	0	5	2.9	0	0	< 1.0	Water, Barley Malt, Corn Syrup (Dextrose), Yeast, Hops and Hop Extract

Brand	Brand Style	ABV	Total Calories	Total Fat (grams)	Calories from Fat	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (grams)	Fiber (grams)	Sugars (grams)	Protein (grams)	Ingredients
Milwaukee's Best 3.2%	American-Style Lager	3.8	112	0	0	0	0	0	5	9.0	0	0	< 1.0	Water, Barley Malt, Corn Syrup (Maltose), Yeast, Hops
Milwaukee's Best Ice 3.2%	American-Style Ice Lager	3.7	92	0	0	0	0	0	10	4.3	0	0	1.0	Water, Barley Malt, Corn Syrup (Dextrose), Yeast, Hops, Hop Extract
Milwaukee's Best Light 3.2%	American-Style Light Lager	3.8	88	0	0	0	0	0	5	3.2	0	0	< 1.0	Water, Barley Malt, Corn Syrup (Dextrose), Yeast, Hop Extract
Olde English 800 3.2%	American-Style Malt Liquor	3.8	103	0	0	0	0	0	5	6.8	0	0	< 1.0	Water, Barley Malt, Corn Syrup (Dextrose and Maltose), Yeast, Hop Extract
Redd's Apple Ale 3.2%	Apple Ale	3.8	141	0	0	0	0	0	30	16.7	0	14	< 1.0	Water, Corn Syrup (Dextrose), Barley Malt, Yeast, Hop Extract, Sucrose, Citric Acid, Natural Flavor, Caramel Color, Sodium Benzoate & Potassium Sorbate (added for freshness)
Redd's Black Cherry 3.2%	Apple Ale	3.8	141	0	0	0	0	0	25	16.7	0	14	< 1.0	Water, Corn Syrup (Dextrose), Barley Malt, Yeast, Hop Extract, Sucrose, Citric Acid, Malic Acid, Natural Flavors, Caramel Color, Sodium Benzoate & Potassium Sorbate (added for freshness)
Redd's Blueberry Ale 3.2%	Apple Ale	3.8	141	0	0	0	0	0	30	16.7	0	15	< 1.0	Water, Corn Syrup (Dextrose), Barley Malt, Yeast, Hop Extract, Sucrose, Citric Acid, Malic Acid, Natural Flavor, Caramel Color, Sodium Benzoate & Potassium Sorbate (added for freshness)

Brand	Brand Style	ABV	Total Calories	Total Fat (grams)	Calories from Fat	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (grams)	Fiber (grams)	Sugars (grams)	Protein (grams)	Ingredients
Redd's Peach Ale 3.2%	Apple Ale	3.8	141	0	0	0	0	0	30	16.7	0	14	< 1.0	Water, Corn Syrup (Dextrose), Barley Malt, Yeast, Hop Extract, Sucrose, Citric Acid, Natural Flavors, Caramel Color, Sodium Benzoate & Potassium Sorbate (added for freshness)
Redd's Strawberry Ale 3.2%	Apple Ale	3.8	141	0	0	0	0	0	20	16.7	0	15	< 1.0	Water, Corn Syrup (Dextrose), Barley Malt, Yeast, Hop Extract, Sucrose, Citric Acid, Natural Flavors, Caramel Color, Sodium Benzoate & Potassium Sorbate (added for freshness)
Steel Reserve High Gravity 3.2%	American-Style Specialty Lager	3.8	104	0	0	0	0	0	10	6.8	0	0	< 1.0	Water, Barley Malt, Corn Syrup (Dextrose, Maltose), Yeast, Hop Extract
Zima 3.2%	Flavored Malt Beverage	3.8	157	0	0	0	0	0	25	20.8	0	20	< 1.0	Water, Corn Syrup (Dextrose), Barley Malt, Yeast, Hop Extract, Sucrose, Citric Acid, Natural Flavor, Sodium Benzoate & Potassium Sorbate, (added for freshness)