



Brand Nutritional Data

Values are average and approximate and are based on a standard serving size of 12 oz.

Our products contain no fat or cholesterol

Brand	Brand Style	ABV	Total Calories	Total Fat (grams)	Calories from Fat	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (grams)	Fiber (grams)	Sugars (grams)	Protein (grams)
Aguila	International Pale Lager	4.0	132	0	0	0	0	0	10	13.3	0	2	1.0
Barmen	German-Style Pilsner	5.0	156	0	0	0	0	0	20	12.9	0	0	1.9
Blue Moon Belgian White	Belgian-Style Wheat Ale	5.4	168	0	0	0	0	0	15	14.1	0	0	1.9
Blue Moon Cappuccino Oatmeal Stout	Oatmeal Stout	5.9	196	0	0	0	0	0	10	18.8	0	1	1.8
Blue Moon Cinnamon Horchata Ale	Herb & Spice Beer	5.5	175	0	0	0	0	0	5	16.1	0	2	1.2
Blue Moon First Peach Wheat	Fruit Beer	5.6	179	0	0	0	0	0	10	15.7	0	0	1.9
Blue Moon Harvest Pumpkin Wheat	Herb & Spice Beer	5.7	180	0	0	0	0	0	10	15.5	0	1	2.0
Blue Moon Mango Wheat	Fruit Beer	5.4	175	0	0	0	0	0	10	15.7	TBD	2	2.1
Blue Moon Summer Honey Wheat	American Wheat Beer	5.2	153	0	0	0	0	0	10	11.7	0	3	1.4
Blue Moon White IPA	White IPA	5.9	184	0	0	0	0	0	5	15.8	0	0	1.8

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Colorado Native Amber Lager	American Amber Lager	5.5	171	0	0	0	0	0	20	14.9	0	1	1.3
Colorado Native Apricot	Fruited Barrel-Aged Sour	5.9	169	0	0	0	0	0	25	12.5	TBD	4	1.4
Colorado Native Double IPL	American-Style Imperial India Pale Lager	8.5	245	0	0	0	0	0	30	18.4	0	2	2.7
Colorado Native Golden Lager	American Amber Lager	5.5	166	0	0	0	0	0	20	13.5	0	1	1.4
Colorado Native Imperial Porter	Imperial Porter	9.5	270	0	0	0	0	0	85	20.3	0	1	2.7
Colorado Native IPL	American India Pale Lager	6.0	192	0	0	0	0	0	20	17.6	0	1	1.3
Colorado Native Kriek	Fruited Barrel-Aged Sour	6.6	199	0	0	0	0	0	30	15.6	TBD	7	2.3
Colorado Native Olathe	American Lager	5.4	164	0	0	0	0	0	15	13.5	0	0	1.3
Colorado Native Peche	Fruited Barrel-Aged Sour	5.8	151	0	0	0	0	0	20	8.8	0	2	1.2
Colorado Native Pilsner	American-Style Pilsner	5.1	159	0	0	0	0	0	20	13.4	0	0	1.9
Colorado Native Plum	Fruited Barrel-Aged Sour	7.0	197	0	0	0	0	0	30	13.8	0	3	1.5
Colorado Native Saison	Saison	5.3	140	0	0	0	0	0	20	7.7	0	0	1.6
Colorado Native Winterfest	German-Style Bock	7.0	221	0	0	0	0	0	30	19.5	0	1	2.2

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Coors Banquet	American-Style Lager	5.0	147	0	0	0	0	0	15	11.7	0	1	1.0
Coors Light	American-Style Light Lager	4.2	102	0	0	0	0	0	10	5.0	0	1	< 1.0
Coors Non-Alcoholic	Non-Alcoholic Lager	< 0.5	58	0	0	0	0	0	0	12.2	0	8	< 1.0
Crispin Blackberry Pear	Pear Cider	5.0	180	0	0	0	0	0	10	16.0	0	13	0.0
Crispin Browns Lane	English-Style Cider	5.8	170	0	0	0	0	0	0	8.0	0	6	0.0
Crispin Brut	Apple Cider	5.5	170	0	0	0	0	0	5	13.0	0	10	0.0
Crispin Honey Crisp	Apple Cider	6.5	200	0	0	0	0	0	5	16.0	0	14	0.0
Crispin Original Cider	Apple Cider	5.0	170	0	0	0	0	0	5	15.0	0	12	0.0
Crispin Pacific Pear	Pear Cider	4.5	170	0	0	0	0	0	10	17.0	0	14	0.0
Crispin The Saint	Apple Cider	6.9	230	0	0	0	0	0	5	19.0	0	18	0.0
Cristal	International Pale Lager	4.6	132	0	0	0	0	0	10	10.3	0	0	1.1
Cusquena	International Pale Lager	4.8	142	0	0	0	0	0	10	10.3	0	0	1.7
Extra Gold	American-Style Lager	5.0	149	0	0	0	0	0	10	12.0	0	0	1.1
Foster's	International Pale Lager	5.0	146	0	0	0	0	0	20	11.2	0	0	1.1
Foster's Premium Ale	Strong Bitter (ESB)	5.5	161	0	0	0	0	0	20	12.4	0	0	1.3
George Killian's Irish Red	Irish Red Lager	5.4	168	0	0	0	0	0	10	14.5	0	0	1.6

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Grosch Premium Lager	International Pale Lager	5.0	142	0	0	0	0	0	20	8.9	0	1	1.8
Hamm's	American-Style Lager	4.7	142	0	0	0	0	0	15	12.0	0	0	1.0
Hamm's Special Light	American-Style Light Lager	3.8	110	0	0	0	0	0	5	8.3	0	1	< 1.0
Henry Weinhard's Blue Boar	American-Style Cream Ale	4.5	147	0	0	0	0	0	10	13.0	0	0	1.2
Henry Weinhard's Private Reserve	American Pale Lager	4.7	150	0	0	0	0	0	10	13.0	0	0	1.3
Henry Weinhard's Woodland Pass IPA	American India Pale Ale	6.0	189	0	0	0	0	0	10	15.3	0	0	2.3
Henry's Hard Soda Hard Cherry Cola	Hard Soda	4.2	217	0	0	0	0	0	30	33.8	0	28	< 1.0
Henry's Hard Soda Hard Ginger Ale	Hard Soda	4.2	215	0	0	0	0	0	25	33.5	0	31	< 1.0
Henry's Hard Soda Hard Orange	Hard Soda	4.2	192	0	0	0	0	0	25	27.8	0	23	< 1.0
Henry's Hard Soda Hard Grape	Hard Soda	4.2	222	0	0	0	0	0	25	35.1	0	34	< 1.0
Henry's Hard Sparkling Lemon Lime	Spiked Sparkling Water	4.2	93	0	0	0	0	0	60	2.9	0	0	< 1.0
Henry's Hard Sparkling Passion Fruit	Spiked Sparkling Water	4.2	92	0	0	0	0	0	40	2.6	0	0	< 1.0
Herman Joseph's Private Reserve	Vienna-Style Lager	5.1	156	0	0	0	0	0	20	12.7	0	0	1.7
Hop Valley Alpha Centauri IPA	Imperial IPA	9.0	263	0	0	0	0	0	15	17.9	0	2	3.2
Hop Valley Alphadelic IPA	IPA	7.2	216	0	0	0	0	0	10	15.5	0	3	2.7

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Hop Valley Blonde Ale	Blonde Ale	5.0	150	0	0	0	0	0	5	10.3	0	0	1.8
Hop Valley Citrus Mistress	American-Style IPA	6.5	188	0	0	0	0	0	10	14.0	0	0	2.2
Hop Valley Light Me Up Lager		4.0	128	0	0	0	0	0	5	11.0	0	0	1.8
Hop Valley Red Ale	American Red Ale	6.0	186	0	0	0	0	0	10	13.6	0	0	2.6
Hop Valley Secret Chief American Stout		6.0	212	0	0	0	0	0	15	20.2	0	0	2.7
Hop Valley Solid Baby		7.4	215	0	0	0	0	0	10	15.4	0	1	2.6
Hop Valley VIP		5.9	178	0	0	0	0	0	5	15.1	0	0	2.1
Icehouse 6.9%	American-Style Ice Lager	6.9	192	0	0	0	0	0	5	13.6	0	0	1.0
Icehouse	American-Style Ice Lager	5.5	153	0	0	0	0	0	10	10.6	0	0	1.0
Icehouse Edge	American-Style Ice Lager	8.0	215	0	0	0	0	0	5	13.6	0	1	1.5
Jake's City Brew	American Pale Ale	5.3	168	0	0	0	0	0	7	14.9	0	0	1.7
Keystone Ice	American-Style Ice Lager	5.9	145	0	0	0	0	0	10	6.9	0	2	1.0
Keystone Light	American-Style Light Lager	4.1	101	0	0	0	0	0	5	4.7	0	1	< 1.0
Keystone Premium	American-Style Lager	4.4	108	0	0	0	0	0	10	5.0	0	2	< 1.0

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Keystone V9	American-Style Ice Lager	5.9	145	0	0	0	0	0	10	6.9	0	1	1.0
Lech	International Pale Lager	4.9	142	0	0	0	0	0	10	9.6	0	0	1.4
Leinenkugel's Anniversary Lager	Munich-Style Amber Lager	5.4	171	0	0	0	0	0	10	14.6	0	0	2.1
Leinenkugel's Berry Weiss	Fruit Wheat	4.7	202	0	0	0	0	0	10	26.8	0	15	1.2
Leinenkugel's Canoe Paddler	Kolsch Style	5.0	152	0	0	0	0	0	15	12.4	0	0	1.5
Leinenkugel's Cherry Blonde Lager	Fruit Blonde Lager	5.2	161	0	0	0	0	0	10	14.2	TBD	4	1.4
Leinenkugel's Creamy Dark	American Dark Lager	4.9	170	0	0	0	0	0	20	17.6	0	0	1.4
Leinenkugel's Grapefruit Shandy	Shandy	4.2	149	0	0	0	0	0	10	15.8	0	5	1.2
Leinenkugel's Harvest Patch Shandy	Shandy	4.2	144	0	0	0	0	0	10	14.6	0	4	1.2
Leinenkugel's Honey Weiss	American Wheat	4.9	149	0	0	0	0	0	10	12.2	0	0	1.4
Leinenkugel's IPL	India Pale Lager	6.0	192	0	0	0	0	0	15	17.1	0	1	2.0
Leinenkugel's Light	American-Style Light Lager	4.2	111	0	0	0	0	0	15	6.3	0	2	1.1
Leinenkugel's Northwoods Lager	American Lager	4.9	162	0	0	0	0	0	10	15.4	0	0	1.5
Leinenkugel's Oktoberfest	Oktoberfest Lager	5.1	175	0	0	0	0	0	15	17.8	0	0	1.3
Leinenkugel's Orange Shandy	Shandy	4.2	137	0	0	0	0	0	10	12.8	0	2	1.1

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Leinenkugel's Original	American Lager	4.7	154	0	0	0	0	0	15	14.9	0	0	1.1
Leinenkugel's Red Lager	Amber Lager	4.9	166	0	0	0	0	0	10	16.4	0	0	1.4
Leinenkugel's Snowdrift Vanilla Porter	Porter	6.0	211	0	0	0	0	0	15	21.9	0	0	1.9
Leinenkugel's Special Ale	American Pale Ale	5.3	168	0	0	0	0	0	7	14.9	0	0	1.7
Leinenkugel's Summer Shandy	Shandy	4.2	136	0	0	0	0	0	10	12.5	0	2	1.3
Leinenkugel's Sunset Wheat	Spice Wheat	4.9	165	0	0	0	0	0	10	16.1	0	2	1.5
Leinenkugel's Watermelon Shandy	Shandy	4.2	142	0	0	0	0	0	10	13.9	0	4	1.3
Leinenkugel's Wisconsin Red Pale Ale	Red Pale Ale	5.6	179	0	0	0	0	0	10	16.1	0	0	1.8
Magnum	American-Style Malt Liquor	5.6	157	0	0	0	0	0	10	11.1	0	0	1.1
Mickey's	American-Style Malt Liquor	5.6	157	0	0	0	0	0	10	11.1	0	0	1.1
Mickey's Ice	American-Style Ice Lager	5.8	157	0	0	0	0	0	10	11.8	0	0	1.2
Miller Fortune	American-Style Lager	6.9	186	0	0	0	0	0	10	12.0	0	0	1.3
Miller Genuine Draft	American-Style Lager	4.6	140	0	0	0	0	0	10	12.2	0	0	< 1.0
Miller High Life	American-Style Lager	4.6	141	0	0	0	0	0	10	12.2	0	0	< 1.0

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Miller High Life Light	American-Style Light Lager	4.1	107	0	0	0	0	0	10	6.2	0	0	< 1.0
Miller Lite	American-Style Light Lager	4.2	96	0	0	0	0	0	5	3.2	0	0	< 1.0
Miller64	American-Style Light Lager	2.8	64	0	0	0	0	0	5	2.4	0	0	< 1.0
Milwaukee's Best	American-Style Lager	4.8	142	0	0	0	0	0	5	11.5	0	0	< 1.0
Milwaukee's Best Ice	American-Style Ice Lager	6.9	173	0	0	0	0	0	5	9.0	0	0	1.0
Milwaukee's Best Ice 5.9%	American-Style Ice Lager	5.9	148	0	0	0	0	0	8	7.6	0	0	1.0
Milwaukee's Best Light	American-Style Light Lager	4.1	96	0	0	0	0	0	5	3.5	0	0	< 1.0
Molson Canadian	North American-Style Lager	5.0	143	0	0	0	0	0	5	10.3	0	0	1.0
Molson Canadian Light	North American-Style Light Lager	3.9	120	0	0	0	0	0	5	9.6	0	0	1.0
Molson Golden	North American-Style Lager	5.0	151	0	0	0	0	0	10	12.2	0	0	1.2
Molson Ice	North American-Style Lager	5.6	169	0	0	0	0	0	10	13.9	0	0	1.2

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Molson XXX	North American-Style Specialty Lager	7.3	212	0	0	0	0	0	10	16.4	0	0	1.4
Old Vienna	North American-Style Lager	5.0	150	0	0	0	0	0	10	12.2	0	0	1.1
Olde English 800	American-Style Malt Liquor	5.9	161	0	0	0	0	0	5	10.8	0	0	1.1
Olde English 800 7.5%	American-Style Malt Liquor	7.5	205	0	0	0	0	0	15	13.7	0	1	1.4
Olde English High Gravity 800	American-Style Malt Liquor	8.0	219	0	0	0	0	0	15	14.7	0	2	1.5
Peroni Nastro Azzurro	International Pale Lager	5.1	149	0	0	0	0	0	5	11.4	0	0	1.4
Pilsner Urquell	Bohemian Pilsner	4.4	149	0	0	0	0	0	10	18.1	0	0	1.8
Red Dog	American-Style Lager	4.8	147	0	0	0	0	0	0	11.5	0	0	1.2
Redd's Apple Ale	Apple Ale	5.0	165	0	0	0	0	0	25	17.1	0	12	< 1.0
Redd's Blueberry Ale	Apple Ale	5.0	166	0	0	0	0	0	20	17.3	0	14	< 1.0
Redd's Black Cherry	Apple Ale	5.0	165	0	0	0	0	0	40	17.1	0	15	< 1.0
Redd's Peach Ale	Apple Ale	5.0	165	0	0	0	0	0	30	17.1	0	15	< 1.0
Redd's Raspberry Ale	Apple Ale	5.0	165	0	0	0	0	0	30	17.1	0	14	< 1.0
Redd's Strawberry Ale	Apple Ale	5.0	165	0	0	0	0	0	20	17.0	0	13	< 1.0

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Redd's Wicked Apple	Apple Ale	8.0	274	0	0	0	0	0	30	29.7	0	26	< 1.0
Redd's Wicked Black Cherry	Apple Ale	8.0	275	0	0	0	0	0	25	29.9	0	26	< 1.0
Redd's Wicked Blood Orange	Apple Ale	8.0	275	0	0	0	0	0	20	30.1	0	25	< 1.0
Redd's Wicked Mango	Apple Ale	8.0	274	0	0	0	0	0	30	29.6	0	26	< 1.0
Redd's Wicked Strawberry Kiwi	Apple Ale	8.0	273	0	0	0	0	0	40	29.4	0	27	< 1.0
Revolver Blood & Honey Ale	American Ale	7.0	212	0	0	0	0	0	90	17.6	0	0	2.1
Revolver Bock	American Ale	6.5	204	0	0	0	0	0	90	17.8	TBD	0	1.9
Revolver High Brass Ale	American Blonde Ale	6.0	182	0	0	0	0	0	140	14.0	TBD	0	1.5
Revolver Ironhead IPA	India Pale Ale	6.5	207	0	0	0	0	0	135	18.2	TBD	3	2.1
Revolver Sidewinder Ale	Southwest Pale Ale	6.0	198	0	0	0	0	0	115	18.5	TBD	0	1.8
Saint Archer Blackberry Gose	Tart Wheat Ale	4.0	135	0	0	0	0	0	90	12.2	TBD	0	1.5
Saint Archer Blonde Ale	German-Style Kolsch Ale	4.8	149	0	0	0	0	0	15	12.6	0	0	1.4
Saint Archer Citra 7 IPA	American-Style IPA	7.0	202	0	0	0	0	0	50	14.5	0	0	2.2
Saint Archer Double IPA	American-Style Imperial IPA	8.3	233	0	0	0	0	0	30	15.3	0	0	1.9
Saint Archer English Brown Ale	English-Style Mild Ale	4.2	142	0	0	0	0	0	15	14.2	0	0	1.1
Saint Archer English Brown Ale Nitro	English-Style Mild Ale	4.2	142	0	0	0	0	0	15	14.2	0	0	1.1

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Saint Archer Gose	German-Style Gose	4.0	133	0	0	0	0	0	95	11.7	0	0	1.8
Saint Archer Hard Cider	Hard Apple Cider	6.1	170	0	0	0	0	0	0	11.0	0	7	0.0
Saint Archer Hoppy Pilsner	Czech-Style Pilsner	5.1	163	0	0	0	0	0	25	14.7	0	0	1.3
Saint Archer Imperial IPA	American-Style Imperial IPA	9.0	249	0	0	0	0	0	25	15.2	0	0	2.8
Saint Archer IPA	American-Style IPA	7.0	206	0	0	0	0	0	15	14.7	0	2	2.4
Saint Archer Mosaic IPA	American-Style Imperial IPA	9.0	251	0	0	0	0	0	20	16.2	0	0	2.5
Saint Archer Pale Ale	American Pale Ale	5.5	170	0	0	0	0	0	25	13.2	0	0	1.7
Saint Archer Peach Gose	German-Style Gose	4.0	127	0	0	0	0	0	75	11.5	TBD	0	1.5
Saint Archer Scottish Ale	Scottish Export	7.0	223	0	0	0	0	0	10	20.2	0	0	1.9
Saint Archer Scottish Ale Nitro	Scottish Export	7.0	223	0	0	0	0	0	10	20.2	0	0	1.9
Saint Archer White Ale	Belgian-Style Witbier	5.0	154	0	0	0	0	0	15	12.1	0	0	1.6
Sharp's	Non-Alcoholic Lager	< 0.5	58	0	0	0	0	0	0	12.1	0	8	< 1.0
Sheaf Stout	Foreign Extra (Export) Stout	5.7	189	0	0	0	0	0	80	18.7	0	0	1.0
Smith & Forge Hard Cider	Hard Apple Cider	6.0	220	0	0	0	0	0	25	26.0	0	23	0.0
Sparks	Flavored Malt Beverage	6.0	252	0	0	0	0	0	30	33.9	0	30	< 1.0

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Sparks Blackberry	Flavored Malt Beverage	8.0	287	0	0	0	0	0	30	32.9	0	27	< 1.0
Sparks Iced Tea	Flavored Malt Beverage	8.0	278	0	0	0	0	0	30	30.8	0	33	< 1.0
Sparks Lemonade	Flavored Malt Beverage	8.0	262	0	0	0	0	0	35	26.6	0	24	< 1.0
Steel Reserve BLK Berry	Flavored Malt Beverage	8.0	287	0	0	0	0	0	35	32.9	0	28	< 1.0
Steel Reserve Hard Pineapple	Flavored Malt Beverage	8.0	286	0	0	0	0	0	45	32.7	0	29	< 1.0
Steel Reserve High Gravity	American-Style Specialty Lager	8.1	222	0	0	0	0	0	15	14.9	0	1	1.5
Steel Reserve High Gravity 6.0	American-Style Specialty Lager	6.0	164	0	0	0	0	0	10	10.9	0	1	1.1
Steel Reserve Spiked Punch	Flavored Malt Beverage	8.0	285	0	0	0	0	0	35	32.6	0	27	< 1.0
Steel Reserve Spiked Watermelon	Flavored Malt Beverage	8.0	285	0	0	0	0	0	45	32.5	0	28	< 1.0
Steel Reserve Triple Export 8.1%	American-Style Specialty Lager	8.1	222	0	0	0	0	0	15	14.9	0	1	1.5
Terrapin Golden Ale	Blonde Ale	5.3	152	0	0	0	0	0	10	10.9	0	0	1.7
Terrapin HI-5 IPA	California Style IPA	5.9	188	0	0	0	0	0	10	16.2	0	2	1.8
Terrapin Hopsecutioner	IPA	7.3	214	0	0	0	0	0	15	14.6	0	2	2.3

Brand	Brand Style	ABV	Total Calories	Total Fat (grams)	Calories from Fat	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (grams)	Fiber (grams)	Sugars (grams)	Protein (grams)
Terrapin Liquid Bliss	Chocolate Peanut Butter Porter	6.0	214	0	0	0	0	0	10	20.8	TBD	0	2.3
Terrapin Moo-Hoo Chocolate Milk Stout	Chocolate Milk Stout	6.1	225	0	0	0	0	0	15	25.3	TBD	9	2.1
Terrapin Mosaic	Red Rye IPA	6.2	194	0	0	0	0	0	10	15.2	TBD	2	2.4
Terrapin Recreation Ale	Session IPA	4.7	148	0	0	0	0	0	10	12.7	0	1	1.5
Terrapin Rye Pale Ale	American Pale Ale	5.5	176	0	0	0	0	0	10	13.9	0	2	2.1
Terrapin Smoke On The Porter	Smoked Baltic Porter	8.5	278	0	0	0	0	0	15	25.7	2	0	2.7
Terrapin So Fresh So Green Fresh Hop IPA	IPA	6.6	205	0	0	0	0	0	10	16.2	0	1	2.3
Terrapin Sound Czech Pils	Czech Pilsner	5.2	151	0	0	0	0	0	10	10.3	0	0	1.5
Terrapin Wake-N-Bake Coffee Oatmeal Imperial Stout	Coffee Oatmeal Imperial Stout	9.4	302	0	0	0	0	0	10	26.3	3	0	2.6
Third Shift Amber Lager	German-Style Märzen	5.3	182	0	0	0	0	0	10	17.9	0	0	1.9
Tusk & Grain Barrel Aged Blend	Stout	12.5	353	0	0	0	0	0	20	26.6	0	0	2.6
Tyskie	International Pale Lager	5.3	149	0	0	0	0	0	10	9.6	0	0	1.4
Zima	Flavored Malt Beverage	5.0	181	0	0	0	0	0	35	21.1	0	20	< 1.0
Zumbida Mango	Alcoholic Aguas Frescas	4.2	150	0	0	0	0	0	5	17.0	0	15	< 1.0



Lower Alcohol Product Brand Nutritional Data

Values are average and approximate and are based on a standard serving size of 12 oz.

Our products contain no fat or cholesterol

Brand	Brand Style	ABV	Total Calories	Total Fat (grams)	Calories from Fat	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (grams)	Fiber (grams)	Sugars (grams)	Protein (grams)
Blue Moon Belgian White 3.2%	Belgian-Style Wheat Ale	3.9	123	0	0	0	0	0	15	9.9	0	0	1.9
Blue Moon Cappuccino Oatmeal Stout 3.2%	Oatmeal Stout	3.9	129	0	0	0	0	0	10	12.3	0	0	1.2
Blue Moon First Peach Wheat 3.2%	Fruit Beer	4.0	134	0	0	0	0	0	10	12.9	0	0	1.4
Blue Moon Harvest Pumpkin Wheat 3.2%	Herb & Spice Beer	3.9	123	0	0	0	0	0	10	10.6	0	0	1.4
Blue Moon Summer Honey Wheat 3.2%	American Wheat Beer	3.9	114	0	0	0	0	0	10	8.4	0	2	1.4
Colorado Native Amber Lager 3.2%	American Amber Lager	3.8	122	0	0	0	0	0	20	11.0	0	0	1.2
Colorado Native Golden Lager 3.2%	American Amber Lager	4.0	125	0	0	0	0	0	20	10.7	0	0	1.3
Coors Banquet 3.2%	American-Style Lager	3.9	115	0	0	0	0	0	15	8.9	0	0	1.0
Coors Light 3.2%	American-Style Light Lager	3.9	96	0	0	0	0	0	10	4.4	0	1	< 1.0
Foster's 3.2%	International Pale Lager	3.8	111	0	0	0	0	0	15	8.2	0	0	1.1

Brand	Brand Style	ABV	Total Calories	Total Fat (grams)	Calories from Fat	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (grams)	Fiber (grams)	Sugars (grams)	Protein (grams)
George Killian's Irish Red 3.2%	Irish Red Lager	4.0	125	0	0	0	0	0	15	10.8	0	0	1.1
Hamm's 3.2%	American-Style Lager	3.8	116	0	0	0	0	0	10	9.7	0	0	< 1.0
Henry's Hard Soda Hard Cherry Cola 3.2%	Hard Soda	3.8	208	0	0	0	0	0	30	33.5	0	33	< 1.0
Henry's Hard Soda Hard Ginger Ale 3.2%	Hard Soda	3.8	207	0	0	0	0	0	25	33.3	0	32	< 1.0
Henry's Hard Soda Hard Grape 3.2%	Hard Soda	3.8	214	0	0	0	0	0	15	35.0	0	22	< 1.0
Henry's Hard Soda Hard Orange 3.2%	Hard Soda	3.8	181	0	0	0	0	0	25	26.8	0	25	< 1.0
Henry's Hard Sparkling Lemon Lime 3.2%	Spiked Sparkling Water	3.8	84	0	0	0	0	0	80	2.7	0	0	< 1.0
Keystone Light 3.2%	American-Style Light Lager	3.9	96	0	0	0	0	0	5	4.5	0	1	< 1.0
Leinenkugel's Grapefruit Shandy 3.2%	Shandy	3.9	140	0	0	0	0	0	10	12.8	0	5	1.1
Leinenkugel's Harvest Patch Shandy 3.2%	Shandy	3.9	135	0	0	0	0	0	10	11.6	0	4	1.1
Leinenkugel's Summer Shandy 3.2%	Shandy	3.9	127	0	0	0	0	0	10	11.7	0	2	1.2
Miller Genuine Draft 3.2%	American-Style Lager	3.8	115	0	0	0	0	0	10	9.8	0	0	< 1.0
Miller High Life 3.2%	American-Style Lager	3.7	113	0	0	0	0	0	10	9.6	0	0	< 1.0
Miller Lite 3.2%	American-Style Light Lager	3.8	87	0	0	0	0	0	5	2.9	0	0	< 1.0

Brand	Brand Style	ABV	Total Calories	Total Fat (grams)	Calories from Fat	Saturated Fat (grams)	Trans Fat (grams)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (grams)	Fiber (grams)	Sugars (grams)	Protein (grams)
Milwaukee's Best 3.2%	American-Style Lager	3.8	112	0	0	0	0	0	5	9.0	0	0	< 1.0
Milwaukee's Best Ice 3.2%	American-Style Ice Lager	3.7	92	0	0	0	0	0	10	4.3	0	0	1.0
Milwaukee's Best Light 3.2%	American-Style Light Lager	3.8	88	0	0	0	0	0	5	3.2	0	0	< 1.0
Olde English 800 3.2%	American-Style Malt Liquor	3.8	103	0	0	0	0	0	5	6.8	0	0	< 1.0
Redd's Apple Ale 3.2%	Apple Ale	3.8	141	0	0	0	0	0	30	16.7	0	14	< 1.0
Redd's Black Cherry 3.2%	Apple Ale	3.8	141	0	0	0	0	0	25	16.7	0	14	< 1.0
Redd's Blueberry Ale 3.2%	Apple Ale	3.8	141	0	0	0	0	0	30	16.7	0	15	< 1.0
Redd's Peach Ale 3.2%	Apple Ale	3.8	141	0	0	0	0	0	30	16.7	0	14	< 1.0
Redd's Raspberry Ale 3.2%	Apple Ale	3.8	141	0	0	0	0	0	30	16.7	0	15	< 1.0
Redd's Strawberry Ale 3.2%	Apple Ale	3.8	141	0	0	0	0	0	20	16.7	0	15	< 1.0
Steel Reserve High Gravity 3.2%	American-Style Specialty Lager	3.8	104	0	0	0	0	0	10	6.8	0	0	< 1.0
Third Shift Amber Lager 3.2%	German-Style Märzen	3.8	128	0	0	0	0	0	10	12.5	0	0	1.4
Zima 3.2%	Flavored Malt Beverage	3.8	157	0	0	0	0	0	25	20.8	0	20	< 1.0